



PEDIATRIC MUSIC THERAPY

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ABOUT US

Sarra Erb, MT-BC
Chandler Clinic

Ione Murray, MT-BC
Glendale Clinic



INTRODUCTION TO MUSIC THERAPY

The American Music Therapy Association defines Music Therapy as the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program.



WHAT MUSIC THERAPY ISN'T

- A hospital patient listening to his or her favorite songs on a personal music device
- A student playing music in a nursing home
- A piano player playing music in a lobby
- A choir singing to patients
- A musical group performing to a crowd



HISTORY

ARISTOTLE AND PLATO

Music's healing
influence



WORLD WARS

Music for physical
and emotional
traumas

Hiring musicians in
hospitals

AMTA & CBMT

Advocating for
education and
profession

Separate
organizations



PROFESSIONAL REQUIREMENTS

1. EDUCATION

- Bachelor's Degree or Higher
- 1,200 hours of clinical training
 - Practicum
 - Internship
- Graduate degrees

2. CERTIFICATION

- National board certification
- Music Therapist - Board Certified
 - MT-BC



3. CLINICAL STANDARDS

- Scope of Practice
- Standards of Clinical Practice
- Code of Ethics
- Professional Competencies

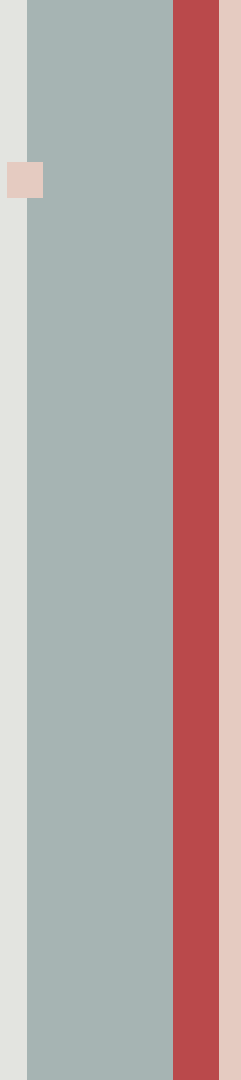


“

Almost all children respond to music. Music is an open-sesame, and if you can use it carefully and appropriately, you can reach into that child's potential for development.”

—DR. CLIVE ROBBINS

of the Nordoff-Robbins
Music Therapy Clinic



GENERAL STANDARDS

1. Referral
2. Assessment
3. Treatment Planning
4. Implementation
5. Documentation
6. Evaluation
7. Termination



COMMON POPULATIONS

1. Mental Health
2. Developmental Disabilities
3. Medical/Surgical
4. Geriatric Adults
5. Alzheimer's Disease
6. Neurological Disorders



“

“Brain research involving music has shown that music has a distinct influence on the brain by stimulating physiologically complex cognitive, affective, and sensorimotor processes. Furthermore, biomedical researchers have found not only that music is a highly structured auditory language involving complex perception, cognition, and motor control in the brain, but also that this sensory language can effectively be used to retrain and re-educate the injured brain.”

- THAUT, MCINTOSH, HOEMBERG,

Handbook for Neurological
Music Therapy

COMMON GOAL AREAS

■ COMMUNICATION

Expressive, receptive,
verbal, non-verbal

■ COGNITION

On-task behaviors,
participation, life skills

■ SENSORY

Self-regulation,
vestibular integration,
tolerance

■ MOTOR

Fine/gross motor skills,
auditory/visual perception,
range of motion

■ EMOTIONAL

Self-expression, impulse
control, attention,
coping, stress

■ SOCIAL

Interactions with
others, choices,
interpersonal skills

CO-TREATMENT

- Supporting other disciplines
- Redirecting behaviors
- Motivation
- Coping
- Overstimulation



WHO CAN BENEFIT



01 MUSICALITY

Individuals who have either an inclination toward or indifference to music

02 EXPRESSIVE

Individuals who struggle to express themselves

03 ATTENTION

Individuals who demonstrate difficulty maintaining attention

04 REGULATION

Individuals who struggle regulating sensory needs

THANKS!

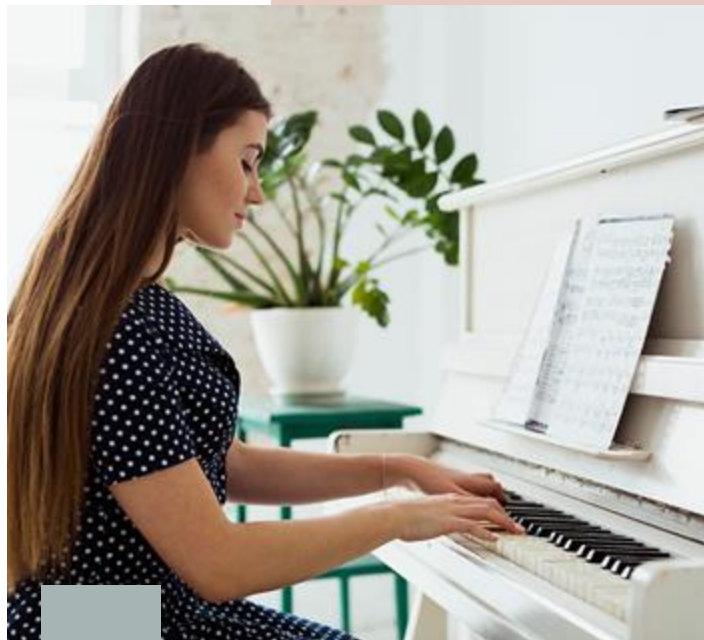
QUESTIONS OR REFERRALS?

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RESOURCES

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