



SPEAK Live with Intent **OUT!**[®]

Arbor Therapy is pleased to offer a two-part speech therapy program to help individuals with Parkinson's regain and maintain effective communication:

SPEAK OUT![®] followed by **The LOUD Crowd**[®].

SPEAK OUT![®] places emphasis on speaking with intent and converting speech from an automatic function to an intentional act. Together, patients and their speech-language pathologist work through a series of speech, voice, and cognitive exercises outlined in a **SPEAK OUT!**[®] Workbook.

Upon completion of **SPEAK OUT!**[®], patients transition to **The LOUD Crowd**[®]. This maintenance program consists of weekly group sessions led by a speech-language pathologist. The **SPEAK OUT!**[®] exercises are performed, and group members provide support, encouragement, and accountability to one another.

Participation in **The LOUD Crowd**[®], along with daily home practice and six-month re-evaluations, has been shown to help patients maintain their communication skills throughout the progression of Parkinson's. For more information about **SPEAK OUT!**[®] and **The LOUD Crowd**[®] or to schedule a speech evaluation, please call (480) 935-0614.

**The LOUD
Crowd**[®]